

# Amanda Louise Langston



• Cromane Upper, Killorglin, Co. Kerry • +44(0)7449310878 • Age: 25 • PSI Registration: 12104  
• amanda@locumpharmacist.ie • www.locumpharmacist.ie/amanda

## Objective

---

I am currently working in community pharmacy in the UK and now feel the time is right to move home and create a future for myself as a pharmacist in Ireland. I aim to locum in the short-term and would consider a full time position if the right opportunity became available. I have always been a very hard-working and diligent individual and I possess a great passion for what I do. In terms of work schedule, I am very flexible. I believe that these attributes would make me a great asset to any pharmacy team.

## Education

---

**University of Sunderland (2009 – 2014). Master of Pharmacy, 2:1**

**Intermediate School Killorglin (2004 – 2009).** Irish Leaving Certificate: Points 495

Subjects [Level]: English [H], Irish [H], Mathematics [O], Chemistry [H], Biology [H], Spanish [H], Art [H].

## Skills / Certificates

---

I am accredited to carry out Medicine Use Reviews and the New Medicines Service (UK). I am also certified in 'Emergency First Aid at Work'. I have also ascertained various online certificates towards CPD on the CPPE training website, which recently included a level 2 status in safeguarding children and vulnerable adults.

I pride myself on having excellent communication skills and leadership skills which I have been able to put into practice over the course of the last 2 years.

I have worked in pharmacies with a workload of over 25000+ items per month and as a result I have proven myself to flourish within highly pressurised environments.

## Work Experience

---

**Oct 2016 - Present**

**Kamsons Pharmacies, East / West Sussex, UK**

**Relief Pharmacist (Self employed)**

---

- I began working with this company as a locum and was fortunate enough to be given regular days in the same stores each week.
- I did regular days in their St. James' store which had over 60 Methadone patients and Buprenorphine patients daily. While I was working in this store I had to deal with many distressing and difficult situations which made me a more resilient pharmacist.

- In October 2016 I was placed solely in their flagship branch, Cordon's Pharmacy, Pulborough. (25,000+ items/month)
- This store had over 220 monthly blister pack patients as well as the large stream of repeat scripts, dispensing over 1000 items most days.
- I thoroughly enjoyed working in this kind of fast-paced, high-pressure environment. My communication and leadership skills were also put into practice as the store had 26 staff members, a mixture of dispensers, accuracy checking technicians, technicians, counter staff and delivery drivers. I was able to work well alongside all staff members and as a result became part of an effective team.

### **Aug 2015 – Oct 2016**

#### **Various Pharmacies, East / West Sussex, UK**

#### **Locum Pharmacist**

- 
- I began my career as a locum for various different companies in order to gain as much experience with different PMR software and working environments as possible. The companies I worked for included Kamsons, Paydens, Asda, Sainsburies & Independently owned pharmacies.
  - I worked hard and had a great rapport with the staff in each of the stores that I worked in and as a result I gained regular locum days in different pharmacies quite quickly.

### **Aug 2014 – Aug 2015**

#### **Paydens Limited, Worthing, UK,**

#### **Pre-registration Pharmacist**

- 
- I trained in a branch which was part of the Paydens Pharmacy Group (130 Pharmacies)
  - My tutor, Pamela Springthorpe was a well respected pharmacist within the community and who had over 30 years experience as a pharmacist.
  - During my time as a Pre-registration pharmacist, I was responsible for carrying out end of month process, which included counting the 11,000+ items that came through the pharmacy on a monthly basis and filling out all necessary paperwork to ensure we received the appropriate payment for all of these items.
  - I carried out all aspects of work in the dispensary including CD stock checks, CD destruction, Repeat Ordering, MDS pack dispensing, stock management and ordering, OTC advice, compression hosiery measuring and cashing up amongst other standard dispensing practices.
  - I learned the importance of effective time management, delegation and maintenance of a good work-rate to stay on top of an endless stream of activity that comes through a community pharmacy on a day-to-day basis.

### **References**

Any references can be made available upon request. Suggestions would include;

- Pamela Springthorpe – Ex-Tutor / Pharmacist. Paydens Pharmacy, Worthing, UK.
- Yasmine Ho – Pharmacist Co-ordinator. Kamsons Pharmacies, UK.
- David Howell – Manager / Pharmacist. Kamsons Pharmacy, Pulborough, West Sussex, UK.
- William Doyle -Manager/Pharmacist. Kamsons Pharmacy, St. James St., East Sussex, UK.